

DISCOVER

# kooth

EVENTBRITE FOR  
PARENTS AND CARERS



Kooth.com is commissioned for young people across Merseyside between the ages of 10-25\*. Kooth.com provides anonymous and personalised mental health support through self-help resources, peer forums and one to one text based counselling chats.

This Eventbrite session delivered by the Kooth Engagement Leads will include a presentation on all key points about the service, a live tour of the Kooth.com site and an opportunity ask any questions you have about the service.

Kooth is a FREE, anonymous, confidential, safe, online Wellbeing service, offering professional support, information, and forums for children and young people.

Access 365 days a year to counsellors who are available from:

**12 noon-10pm** Monday- Friday  
**6pm-10pm** Saturday and Sunday

Log on through **mobile**, **laptop** and **tablet**.

\*Kooth is commissioned for young people in:

- Wirral 11-25
- Liverpool 10-25
- Sefton 10-25
- Knowsley 11-25
- Halton 11-25
- St Helens 11-25

To book on to the FREE session or to find out more, please follow the below links for your preferred date:

Tuesday 8th June – 11am-12pm

<https://www.eventbrite.co.uk/e/151615515087>

Wednesday 23rd June – 4:30pm-5:30pm

<https://www.eventbrite.co.uk/e/152660326145>

Or contact [ehawley@kooth.com](mailto:ehawley@kooth.com) for more information

