## **Our Lady's Bishop Eton Catholic Primary School**

## **PSHEE/RSHE Long Term Plan**



## RE - Relationship Education HE - Health Education WW Living in the Wider World

|          | EYFS   | Year 1   | Year 2   | V Living in the Wider World<br>Year 3  | Year 4   | Year 5   | Year 6   |
|----------|--|--|--|--|--|--|--|
| Autumn 1 | A Journey in Love - The wonder of being special and unique: Social and Emotional | Feelings and Special People RE HE A Journey in Love - We meet God's love in our family: Social and Emotional | Different Types of Families <b>RE</b> A Journey in Love - <i>We meet God's love in our community:</i> Social and Emotional | Safety Online REHE A Journey in Love How we live in love: Social and Emotional | Nutrition and Dental Health HE A Journey in Love - God loves us in our differences: Social and Emotional | Body Image RE HE A Journey in Love - God loves us in our changing and developing: Social and Emotional | Drugs and Alcohol Education HE A Journey in Love - The wonder of God's love in creating new life: Social and Emotional |
| Autumn 2 | No Outsiders   | Staying Safe RE HE WW No Outsiders   | Healthy Bodies RE HE No Outsiders  | Celebrating Achievements<br>and Being Resilient<br>REHE<br>No Outsiders        | Human Rights<br>WW  No Outsiders   | Bereavement and Loss RE HE No Outsiders  | Mental and Emotional Health HE  No Outsiders   |
| Spring 1 | A Journey in Love -<br>Physical  | Healthy Me<br>HE<br>A Journey in Love -<br>Physical  | Feeling Included RE A Journey in Love - Physical   | Being Part of a Community<br>WW<br>A Journey in Love - Physical                | Emergency Situations HE WW A Journey in Love - Physical  | Fake News HE WW A Journey in Love - Physical   | Global Sustainable Developmen<br>Goals<br>WW<br>A Journey in Love - Physical   |
| Spring 2 | No Outsiders   | All Around Us HE WW No Outsiders   | Healthy Minds<br>HE<br>No Outsiders  | Exercise HE No Outsiders   | Money Matters<br>WW<br>No Outsiders  | Life in Plastic  WW  No Outsiders  | E-Safety and Social Media RE No Outsiders  |
| Summer 1 | A Journey in Love -<br>Spiritual   | Money Matters <b>WW</b><br>A Journey in Love -<br>Spiritual  | Caring for the Environment and Social Responsibility RE HE WW A Journey in Love - Spiritual                                | Stereotypes RE  A Journey in Love - Spiritual                                  | Falling Out and Making Up RE WW  A Journey in Love - Spiritual   | Changes in Friendships RE A Journey in Love - Spiritual  | Anti-Social Behaviour and the<br>Role of Police and the Law<br>WW<br>A Journey in Love - Spiritual                     |
| Summer 2 | No Outsiders   | No Outsiders   | No Outsiders   | What I like <b>RE</b><br>No Outsiders  | Respect <b>RE</b><br>No Outsiders  | No Outsiders   | Sex Education <b>RE</b><br>No Outsiders  |